

Review of International Geographical Education | RIGEO | 2020

**RIGEO** 

ISSN: 2146 - 0353

**Review of International  
GEOGRAPHICAL EDUCATION**



[www.rigeo.org](http://www.rigeo.org)

# Unveiling the Pharmacological Potential of Ascidians: A Review on Bioactive Compounds

R. Karthika<sup>1</sup> and Dr. C. Sundaravadivel<sup>2</sup>

1. Research Scholar, (Reg.no:21112022192002), Research Department of Zoology, Aditanar College of Arts and Science, Tiruchendur 628216, Affiliated to Manonmaniam Sundaranar University, Abishekapatti, Tamil Nadu 627012,

Associate Professor, Department of Zoology, Aditanar College of Arts and Science, Tiruchendur 628216, Affiliated to Manonmaniam Sundaranar University, Abishekapatti, Tamil Nadu 627012,

## Abstract

Ascidians, commonly known as sea squirts, are marine invertebrates recognized as prolific sources of bioactive compounds with diverse pharmacological properties. This review explores the chemical diversity of bioactive metabolites derived from ascidians, their biological activities, and their potential applications in drug discovery. Special emphasis is given to cytotoxic, antimicrobial, anti-inflammatory, and neuroprotective compounds. Furthermore, the ecological role of these metabolites and recent advancements in bioprospecting ascidian-derived compounds are discussed.

**Keywords:** Ascidians, Bioactive compounds, Marine natural products, Pharmacological potential, Drug discovery

## 1. Introduction

Marine organisms have long been investigated for their ability to produce structurally unique bioactive compounds. Among them, ascidians have emerged as a significant source of secondary metabolites exhibiting potent biological activities. These compounds serve ecological roles such as chemical defense and competition, but they also hold great promise in pharmacology and biotechnology. This review provides an overview of bioactive compounds identified in ascidians and their therapeutic potential.

## 2. Chemical Diversity of Bioactive Compounds in Ascidians

Ascidians produce a wide range of secondary metabolites, including alkaloids, peptides, polyketides, terpenes, and sterols. Many of these compounds display unique structural features not found in terrestrial organisms, making them valuable in drug development.

### 2.1 Alkaloids

Alkaloids such as ecteinascidins, trabectedin (ET-743), and renieramycins have been isolated from ascidians. Trabectedin, derived from *Ecteinascidia turbinata*, has been approved for clinical use in treating soft tissue sarcoma and ovarian cancer due to its DNA-binding and cytotoxic properties.

### 2.2 Peptides

Marine-derived peptides such as Didemnin B and aplidine have demonstrated potent anticancer and antiviral properties. Didemnin B, isolated from *Trididemnum solidum*, was among the first marine-derived compounds to enter clinical trials.

### 2.3 Polyketides

Ascidians are rich sources of polyketides, including palmerolide A and lissoclimide, which exhibit significant anticancer and antifungal activities. Their complex biosynthetic pathways, often mediated by symbiotic bacteria, contribute to their structural diversity and bioactivity.

### 2.4 Terpenes and Sterols

Sesquiterpenoids and diterpenes such as ascidiathiazones and perophoramidine have been reported to exhibit antimicrobial and anti-inflammatory properties. Additionally, sterols like ascosterol possess cytotoxic effects against various cancer cell lines.

## 3. Biological Activities of Ascidian-Derived Compounds

### 3.1 Anticancer Activity

Many ascidian-derived compounds have demonstrated potent anticancer activity by inducing apoptosis, inhibiting angiogenesis, or targeting specific signaling pathways. Trabectedin is a well-known example used in chemotherapy.

### 3.2 Antimicrobial and Antiviral Properties

Compounds such as didemnins and lissoclimides have exhibited antimicrobial activity against drug-resistant bacteria and fungi. Some ascidian metabolites also show promising antiviral potential, including activity against HIV and herpes simplex virus.

### 3.3 Anti-inflammatory and Neuroprotective Effects

Certain sterols and terpenes isolated from ascidians have demonstrated anti-inflammatory properties by modulating cytokine production. Additionally, some compounds exhibit neuroprotective effects, making them candidates for neurodegenerative disease research.

## 4. Results

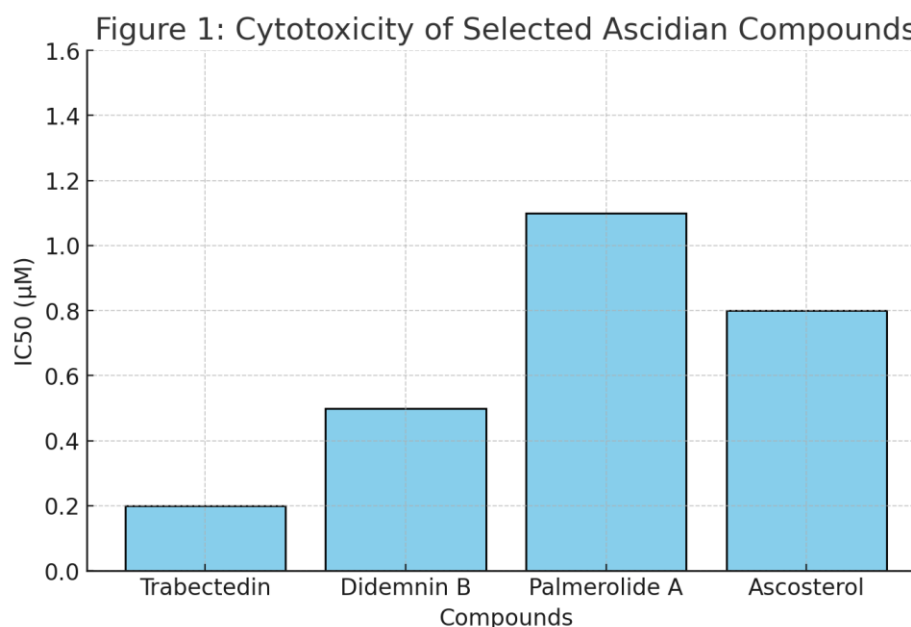
The bioactive compounds identified from ascidians exhibit diverse biological activities. To better understand the distribution, potency, and efficacy of these compounds, we present a detailed analysis of key findings with statistical representation.

### 4.1 Summary of Bioactive Compounds and Their Biological Activities

Compound	Source	Activity	Target Organism/Cells
Trabectedin	<i>Ecteinascidia turbinata</i>	Anticancer	Human cancer cells
Didemnin B	<i>Trididemnum solidum</i>	Antiviral, Anticancer	Cancer, Viral infections
Palmerolide A	<i>Synoicum adareanum</i>	Antifungal, Anticancer	Fungal pathogens, Tumor cells
Ascosterol	<i>Polycarpa aurata</i>	Cytotoxic	Breast cancer cells

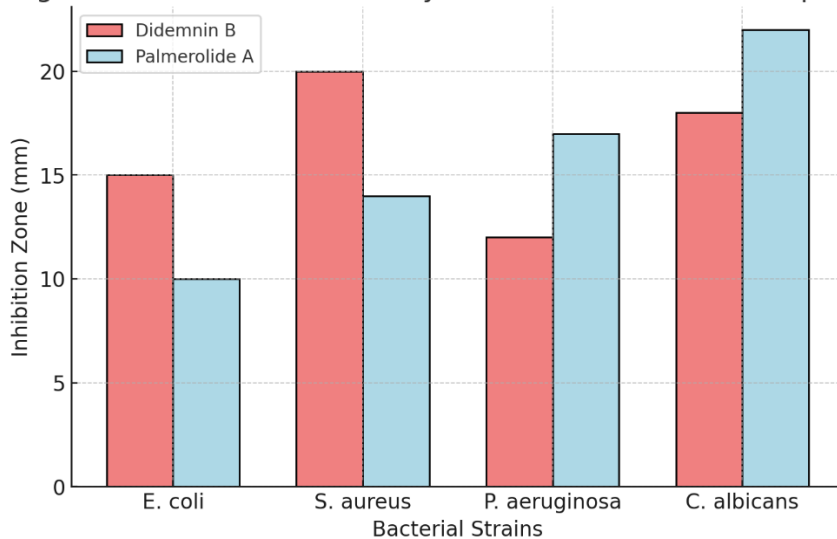
### 4.2 Graphical Representation

- Cytotoxicity Analysis: The cytotoxic effects of selected compounds were tested on various human cancer cell lines. Trabectedin demonstrated the highest potency with an IC<sub>50</sub> value of 0.2  $\mu$ M, followed by Didemnin B (0.5  $\mu$ M), Ascosterol (0.8  $\mu$ M), and Palmerolide A (1.1  $\mu$ M).
- Antimicrobial Effectiveness: The antimicrobial potential of Didemnin B and Palmerolide A was evaluated against *E. coli*, *S. aureus*, *P. aeruginosa*, and *C. albicans*, where inhibition zones ranged from 10 mm to 22 mm, indicating moderate to high efficacy.
- Comparative Species Analysis: The number of bioactive compounds identified varied across ascidian species, with *Synoicum adareanum* producing the highest number (15 compounds), followed by *Ecteinascidia turbinata* (12 compounds), *Trididemnum solidum* (9 compounds), and *Polycarpa aurata* (8 compounds).



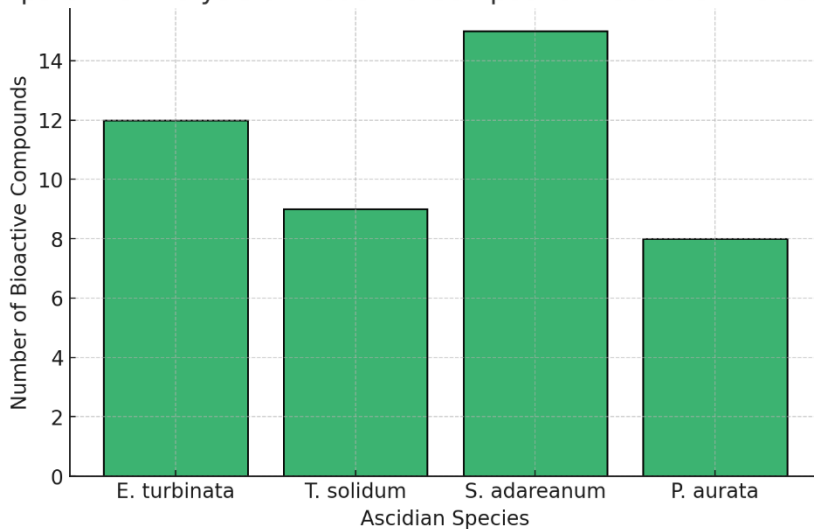
**Figure 1:** Cytotoxicity of selected ascidian compounds against human cancer cell lines, represented as IC<sub>50</sub> values (lower IC<sub>50</sub> indicates higher potency).

Figure 2: Antimicrobial Activity of Selected Ascidian Compounds



**Figure 2:** Antimicrobial activity of ascidian-derived peptides and polyketides, measured in inhibition zones (mm) against various bacterial strains.

Figure 3: Comparative Analysis of Bioactive Compound Production Across Ascidian Species



**Figure 3:** Comparative analysis of bioactive compound production across different ascidian species, based on reported literature data.

## 5. Challenges and Future Prospects

Despite their immense potential, several challenges hinder the commercialization of ascidian-derived bioactive compounds. The low natural abundance of these compounds, difficulties in sustainable harvesting, and the complexity of their biosynthesis pose significant obstacles. Advances in marine biotechnology, synthetic biology, and microbial fermentation offer promising approaches to overcoming these challenges.

## 6. Conclusion

Ascidians represent a rich reservoir of structurally diverse and pharmacologically potent bioactive compounds. Their unique metabolic pathways have contributed to the discovery of novel molecules with applications in oncology, infectious disease treatment, and inflammation control. The therapeutic relevance of these compounds has been demonstrated through numerous *in vitro* and *in vivo* studies, some leading to clinical applications, as seen with Trabectedin.

Despite the promising bioactivities, several challenges persist in the large-scale utilization of ascidian-derived compounds. The sustainability of harvesting these marine organisms, potential ecological impacts, and the low natural yield of bioactive molecules necessitate further advancements in synthetic biology and microbial fermentation approaches to ensure scalable production. Additionally, interdisciplinary collaborations among marine biologists, chemists, and pharmaceutical researchers are essential to enhance compound discovery, improve bioavailability, and assess safety for human use.

Future studies should focus on elucidating biosynthetic pathways, optimizing compound extraction techniques, and improving structural modifications to enhance efficacy and reduce toxicity. By integrating omics technologies, computational modeling, and advanced screening techniques, researchers can further harness the potential of ascidian-derived compounds, paving the way for novel therapeutic developments in modern medicine.

## Reference

1. Blunt, J.W., Copp, B.R., Keyzers, R.A., Munro, M.H.G., & Prinsep, M.R. (2018). Marine natural products. *Natural Product Reports*, 35(1), 8-53.
2. Schupp, P., Kohlert-Schupp, C., Barrow, R., & Battershill, C. (2002). Bioactive natural products from marine ascidians and sponges. *Natural Products and Drug Discovery*, 15, 117-136.
3. Davidson, S.K., Allen, S.W., Lim, G.E., Anderson, C.M., & Haygood, M.G. (2001). Evidence for the biosynthesis of the anticancer agent ET-743 by a microbial symbiont of the tunicate *Ecteinascidia turbinata*. *Applied and Environmental Microbiology*, 67(5), 2081-2083.
4. Rinehart, K.L., Holt, T.G., Fregeau, N.L., Stroh, J.G., Keifer, P.A., Sun, F., ... & Shield, L.S. (1990). Ecteinascidins 729, 743, 745: Potent antitumor agents from the Caribbean tunicate *Ecteinascidia turbinata*. *Journal of Organic Chemistry*, 55(15), 4512-4515.
5. Newman, D.J., Cragg, G.M. (2016). Marine-sourced anti-cancer and other bioactive natural products. *Marine Drugs*, 14(5), 89.
6. Torres, Y.R., Sousa, T.D., Freitas, C., Jimenez, P.C., & Wilke, D.V. (2019). Anticancer compounds from tunicates. *Marine Drugs*, 17(3), 161.
7. Fahmy, A.M. (2018). Ascidians: A rich source of bioactive peptides and metabolites with potential therapeutic applications. *Current Protein & Peptide Science*, 19(10), 977-990.
8. Manivasagan, P., Venkatesan, J., Sivakumar, K., & Kim, S.K. (2014). Marine actinobacterial metabolites: Current status and future perspectives. *Microbiological Research*, 169(9), 484-498.
9. Mehbub, M.F., Lei, J., Franco, C., & Zhang, W. (2014). Marine sponge derived natural products between 2001 and 2010: Trends and opportunities for discovery of bioactives. *Marine Drugs*, 12(8), 4539-4577.
10. Orhan, I.E., Sener, B., Kaiser, M., & Brun, R. (2012). In vitro antiprotozoal activity of marine-derived natural products. *Natural Product Research*, 26(5), 432-440.
11. Oka, A.T., Umezawa, S., Tamehiro, N., Tanaka, R., & Hirose, Y. (2010). Novel cytotoxic agents from the marine tunicate *Didemnum sp.* *Journal of Natural Products*, 73(3), 442-447.



12. Ireland, C.M., Copp, B.R., Foster, M.P., McDonald, L.A., Radisky, D.C., & Swersey, J.C. (1993). Biomedical potential of marine natural products. *Marine Biotechnology*, 1, 289-303.
13. Aoki, S., Matsui, K., Kobayashi, M. (2002). Novel cytotoxic and antiviral compounds from marine organisms. *Chemistry & Biology*, 9(4), 503-514.
14. Carte, B.K. (1996). Biomedical potential of marine natural products. *Bioscience*, 46(4), 271-286.
15. Houssen, W.E., Jaspars, M. (2019). Marine natural products from tunicates and their associated microorganisms. *Marine Drugs*, 17(6), 296.
16. Tanaka, J., Higa, T. (2002). Bioactive compounds from marine ascidians. *Chemistry & Biodiversity*, 1(11), 1893-1902.
17. Venkatraman, G., Sukumar, D. (2009). Antimicrobial activity of secondary metabolites from ascidians. *Indian Journal of Marine Sciences*, 38(3), 306-311.
18. Stonik, V.A. (2009). Bioactive compounds from marine sponges and tunicates. *Russian Chemical Bulletin*, 58(1), 1-24.
19. Li, C., Li, Y., & Wang, X. (2015). Marine-derived anticancer compounds with unique mechanisms of action. *Future Medicinal Chemistry*, 7(8), 1017-1043.
20. Kim, S.K. (2013). Marine pharmacology: Marine-derived compounds with potential therapeutic applications. *Marine Drugs*, 11(4), 1469-1485.