

Gender based education - Does it moderate the body image and Self-esteem of adolescents?

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- **Abstract:** Recent evidence suggests a profound influence towards body image mostly on Self-esteem between adolescents. However, comparative research towards body image as well as Self-esteem in a gendercentered education system is seldom researched. This conceptual paper aims to address this gap by identifying the influence of Single gender Vs. Coeducation on youngsters' body image with self-esteem. A systematic review of research in the past decade is done to investigate the unexplored angle by extending the much-established theory to arrive at a provisional conceptual model which displays the association amongst Body image, Self-esteem, as well as type of schooling of adolescents. Findings suggest a strong effects towards Body image mostly on Self-esteem. Females tend to show high body image fulfilment. Males remain found to have higher Self-esteem. Students from Single-sex education showed higher Self-esteem in the case of both the genders. Findings help in formulating tailor-made educational policies for single-sex and coeducational schooling.
- **Keywords:** coeducational schooling, influence, conceptual model