

# Knowledge And Indigenous Practices of Herbal Plants by Tribal in Kolli Hills of Tamil Nadu.

- **Author(s):** D. Janagam, R. Asokan, M. Thavamani,
- **Abstract:** Over the generations, people have imbibed the right medical knowledge and the scientific uses of herbal plants. This helped in the sprouting of innovative ideas in ethno pharmacology. Ethno pharmacology takes develop a technical support in the growth of lively therapeutic founded upon indigenous medicine of numerous cultural groups. Further, Herbal plants are the existence used by near 80 per cent of the biosphere populace chiefly in the emerging republics for main healthiness upkeep. They consume stick up the check of period for their care, effectiveness and national acceptability. The present logical study is going to concentrate medicinal uses of plants by tribals of Kolli Hills and their surrounding hill tracts. Primary data have been collected from 350 tribal households. The material was met through interview schedule, individual meetings and deliberations with the community elder populates, the herbal medicine doctors and other indigenous doctors in their native language (Tamil). Results shows that indigenous practices takes more time for cure and after that will improve the health condition. In case of allopathic medicine duration for cure is less period as compare to indigenous medicinal practices but human health is having more side effects, such as Allergy, swelling, vomiting sensation and stomach burning. It is clear that herbal medicines are providing better results as compared to allopathic medicines, as it does not create side effects.
- **Keywords:** imbibed, herbal, sprouting, Ethno, therapeutic, indigenous, tribals, deliberations.