

# The Psychological Benefits of Having Health Insurance during the COVID-19 Pandemic.

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- **Abstract:** The Coronavirus Disease 2019 Has Created Serious Public Health And Governance Concerns. The Purpose Of This Study Is To See How Having Health Insurance During The Pandemic Impacts People's Mental Health. We Discovered That Those Who Had Health Insurance During The Pandemic Were 6.96, 7.20, 6.31, And 7.59 Percent Less Likely To Be Anxious Every Day, Worried Every Day, Displeased Every Day, And Depressed Every Day. During The Epidemic, The Study Recommends Expanding Health Insurance, Particularly For Communities Who Are Disproportionately Impacted.
- **Keywords:** Coronavirus, Governance, Insurance, Mental, Anxious, Displeased, Epidemic.