

# Evaluation of Physical Fitness Development Program Using the CIPP Model.

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- **Abstract:** Planning a physical developing program must have a procedure that is organized and implemented with a good method to help soldiers achieve a good level of physical fitness. The purpose of this research is to evaluate how the implementation of the physical fitness development program at Naval Academy, Surabaya. This research is an evaluative study using a descriptive qualitative approach. The subject of this study are the department of Physical staff as respondents including the head of the department and 3 representatives at the Indonesian Naval Academy. The evaluation model used is the CIPP (Context, Input, Process and Product) evaluation model developed by Stufflebeam and Shinkfield. Data were collected through structured interviews, observation and documentation analysis. The findings show that in general the four aspects of context, inputs, processes and products make a positive contribution to program implementation so that it can achieve the expected goals. Beside that the physical fitness abilities of Taruna also increased significantly at the end of education.
- **Keywords:** Evaluation, development program, physical fitness, CIPP