

Teachers' Mental Health Awareness, Emotional Quotient and Critical Thinking Skills as Related to Performance: Bases for School-Based Capability Training Program.

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- **Abstract:** The study was conducted to determine the level of teachers' mental health awareness, emotional quotient, and critical thinking skills as related to performance. The subjects of the study were 172 teachers in the Schools Division of Iloilo, Philippines. They were classified according to sex, age, marital status, educational attainment, and length of service. The study utilized a descriptive correlational research design and the statistical tools used to compute for the data gathering were the frequency count, percentage, means, T-Test, analysis of Variance (ANOVA) and Pearson r. The levels of significance for inferential statistics, particularly the T-Test, Analysis of Variance (ANOVA) were set at 0.05 alpha while the level of significance for Pearson r was set at 0.01 alpha. The findings of the study revealed that there was a high level of mental health awareness, a high level of emotional quotient, and an excellent level of critical thinking skills. No significant differences existed in the level of mental health awareness when classified according to sex, age, marital status; however, when classified according to educational attainment and length of service, significant differences were found. There were no significant differences existed in the level of emotional quotient when classified according to sex, age, marital status, and length of service, however, when classified according to educational attainment, significant differences were found. There were no significant differences existed in the level of critical thinking skills when classified according to sex, age, marital status, educational attainment, and length of service. There were no significant differences existed in the level of performance when classified according to sex, age, marital status, educational attainment, and length of service. There were significant relationships among the mental health awareness, emotional quotient, critical thinking skills and performance. Based form the results of the study, bases for school-based capability training program were formulated.
- **Keywords:** Teachers' mental health awareness, emotional quotient, and critical thinking skills, ANOVA