

Effect Of Leisure Facilitation On Psychological Happiness Among Korean Amateur Golfers.

- **Author(s):** Won-ick Song ,Byoungwook Ahn
- **Abstract:** This study aims to investigate the relationship between leisure facilitation and psychological happiness among Korean amateur golfers. The participants in this study were adult men and women who participate in golf activities and who live in Seoul, Incheon, and Gyeonggi-do. For the data analysis in this study, frequency, confirmatory factor, reliability, correlation, and multiple regression analyses were performed. The results were as follows. First, personal factors and structural factors of leisure facilitation affected the intrinsic factors of psychological happiness. Second, the individual factors of leisure facilitation affected the intrinsic factors of psychological happiness. Third, the individual and structural factors of leisure facilitation affected the self-realization of psychological happiness. Fourth, the individual factors of leisure facilitation affected the confidence of psychological happiness.
- **Keywords:** Facilitation, Psychological happiness, Amateur golfer, Leisure, Golf