

Psychological and Pedagogical Foundations for Improving Students' Subjective Well-Being.

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- **Abstract:** The article deals with the psychological factors of promoting the subjective well-being of the students of Kazakh Innovative University of Humanities and Law in the conditions of the profession on the example of the activities of students of the pedagogical speciality. According to the results of the study, it is possible to include: meaning-life orientations, personality-regulatory properties. The most effective and, accordingly, subjectively successful in their professional activities were the subjects who were characterized by optimal combinations of life-meaning orientations and personal-regulatory properties. In particular, it was a combination of high levels of expression of a positive attitude towards oneself (LKI), others (LK-W), life activity (Process) in general, on the one hand, and programming and planning on the other. The zone of immediate development of such students is the disclosure of the reflexive and creative resource of the individual. The results of the correlation study indicated the presence of reliable relationships between life-meaning orientations, personal-regulatory properties and criteria for the effectiveness of professional activity of students of the registry of Kazakh Innovative University of Humanities and Law, which confirms the optimal combination of life-meaning orientations and personalregulatory properties of the individual.
- **Keywords:** psychological, speciality, personal regulatory